

The Role of Design in Successful Flipping: How to Increase the Value of Real Estate

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Abstract

The strategic importance of design in real estate flipping has evolved into a vital element that determines both property value appreciation and investment success and market leadership. The research investigates the impact of interior and architectural design modifications on the increased resale value of flipped properties. The research investigates the relationship between design elements such as aesthetics and functionality and technology and their impact on real estate investment profitability through a review of 26 recent peer-reviewed publications. The research analyzed home staging and renovation innovation and modern spatial organizing effects on customer behavior and selling rates through qualitative perception and quantitative performance data. The research combines sustainability principles with digital design tools and investment behavioral indicators to develop an inclusive framework for design-led flipping success. The research demonstrates that high-quality design enhances property attractiveness while fulfilling modern consumer needs and regulatory requirements which directly boosts investment returns. The study findings provide real estate developers and home investors and designers with essential knowledge to enhance their home transformation processes in volatile housing markets.

Keywords: Home Renovation Strategies, Interior Design Impact, Property Value Enhancement, Real Estate Flipping, Real Estate Investment

1. Introduction

Modern sustainable interior design now converges with digital transformation and real estate investment strategies to form an emerging field of study. The world now recognizes the harmonious relationship between functional and aesthetic values alongside economic and environmental benefits. The shift in real estate design practice especially shows up in residential and commercial buildings since interior design has evolved into a multi-disciplinary practice that affects health alongside investment and sustainability and technological readiness [1]; [8]. Design and renovation through digital technology adoption has revolutionized the process of creating interior spaces and their marketing and analysis methods [22]. [6].

Today's interior design practice combines advanced elements like Building Information Modeling (BIM) and digital design software with feature technology to produce responsive adaptive spaces which serve user needs while meeting environmental goals [6]; [7]. These design tools enhance both space attractiveness and sustainable practices as demonstrated in renovations focused on carbon emission reduction and energy efficiency improvement and waste material reuse like prawn/shrimp shells [3]. [10].

The impact of Interior design on occupant health and psychological well-being now serves as the primary factor for investment decisions particularly in hospital and residential complex projects [8]; [17]. Real estate investors follow current trends that use ESG metrics to determine long-term asset value because such evaluations prove dominant [14].; [20]. Real estate investments become more viable while customers experience improved satisfaction rates because interior design sustainability measures lead to higher energy efficiency [11]; [15]; & [15].

The research aims to investigate the modern interior design evolution and its connections to sustainable renovation techniques and digital technology applications and their resulting effects on real estate investment portfolios. The research presents an entire picture of customized design practices through 26 academic sources that explain how digital transaction systems and ESG benchmarks transform the built environment [23]. [18].

2.Literature Review

Research about interior design in relation to building renovation and real estate investment has undergone significant changes throughout the last few years. This section examines the essential aspects of sustainability alongside digital transformation and economic impact and socio-cultural relevance and psychological factors and smart infrastructure integration.

2.1 Historical and Theoretical Basis of Interior Design

The development of interior design evolved from being a simple aesthetic pleasure to becoming a strategic method of space optimization and psychological engagement. [2]. documented this transformation which shifted from decorative arts to evidence-based functional design that incorporates user needs alongside environmental factors and systemic resilience. [17].studied the psychological aspects of space design by demonstrating how well-planned interior arrangements reduce stress while boosting productivity and enhancing mental clarity.

2.2. Sustainability in interior design in renovation

Sustainability in interior design demonstrates the rising environmental stewardship practices. [7].explain that design practices which conserve energy and recycle materials and optimize life cycles result in significant green certifications for buildings. [3].demonstrated the practical use of biodegradable interior components made from waste-derived biopolymers such as chitosan extracted from shrimp shells.

The COVID-19 pandemic led people to reevaluate interior spaces by prioritizing both indoor environmental quality and safety measures, The pandemic led to increased renovation activities that incorporated sustainable ventilation systems and non-toxic and touchless technologies to stop the spread of contagion. [17].highlighted how automated layout extraction and virtual walkthroughs speed up decision-making and prevent miscommunication among stakeholders. [22]. highlighted the positive outcomes of using smart sensors in interior design processes that will lead to better lighting, acoustics, and climate.

Table 1: Sustainable Interior Design Practices In Renovation Projects

Sustainable Practice	Description	Environmental Benefit
Use of Biodegradable Materials	Chitosan panels from shell waste (Tkaczewska et al., 2024)	Reduces landfill waste and plastic use
LED Lighting Systems	Smart energy-efficient illumination	Cuts electricity consumption
Low-VOC Paints and Adhesives	Reduces harmful emissions	Enhances indoor air quality
Modular Furniture	Promotes reuse and adaptation	Extends product life cycle

2.3 Technological Transformation in Design Methodologies

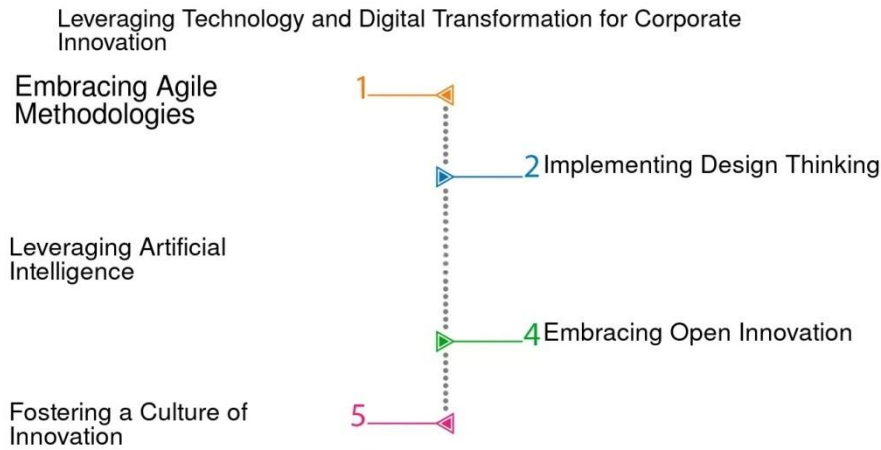


Fig 1: Leveraging Technology And Digital Transformation For Innovation

Table 2: Technologies Driving Digital Transformation In Interior Design

Technology	Application	Impact
Building Information Modeling (BIM)	3D modeling and data-rich simulations	Improves accuracy in renovation planning
Digital Twins	Real-time virtual replicas of interiors	Enables predictive maintenance and space use
AR/VR Visualization	Immersive design presentation	Enhances stakeholder engagement
Cloud-Based Design Tools	Collaborative drafting and data sharing	Reduces delays and increases flexibility

2.4 Economic impacts of the interior design on real estate

The interior design elements strongly influence both the market worth and the marketability of real estate properties. Investors now assess properties through both location and structural integrity and interior quality standards [14]. [15]. and [15].found that indoor environmental quality directly affects how people perceive property value. The combination of biophilic elements with modern kitchens and sustainable flooring systems leads to higher rental income and better sale prices. [11].discovered that green-certified renovations would lead to higher appraisal values and longer-term occupancy especially in rental urban markets where there is high competition.

Table 3: Interior Design Elements Influencing Real Estate Value

Design Element	Effect on Real Estate Metrics	Source
Natural Lighting	Enhances occupant satisfaction	Walacik (2018)
Smart Thermostats & Controls	Reduces utility costs	Shepard (2020)
Flexible Multi-Use Spaces	Increases functional utility	Lamb et al. (2024)
Use of Local and Eco Materials	Appeals to ESG-oriented investors	Newell et al. (2023)

2.5 Socio-Cultural and Ethical Dimensions

The interior design extends its influence beyond cultural representation and identity and inclusivity [8].studied healthcare facility design approaches which incorporated local cultural elements to enhance patient comfort and engagement. [10]. implemented participatory design models which involved occupants in co-creating their living or working spaces and established democratic access to spatial comfort.

Designers need to establish multiple environments which honor cultural differences yet maintain worldwide sustainability and accessibility standards [18].

Exploring the Ethical Dimensions of Protest



Fig 2: The Ethical Dimensions Of Advocacy And Lobbying

2.6 Behavioral and Psychological Effects

The design of spaces directly affects how people behave and think. [13].found that work environments with natural views and ergonomic layouts boost employee productivity levels. [17].found that school interiors with proper acoustics and lighting and air quality standards lead to improved student performance results. The research field promotes occupant-centered design principles which evaluate spatial dimensions together with emotional and psychological responses.

Table 4: Psychological Effects of Interior Design Features

Feature	Observed Psychological Impact	Supporting Study
Biophilic Elements (e.g., plants)	Reduces stress and improves mood	Wang et al. (2024)
Adjustable Lighting Systems	Enhances concentration and circadian rhythm	Zhou et al. (2023)
Noise-Reducing Materials	Lowers cognitive fatigue and enhances focus	Lamb et al. (2024)
Personalized Design Inputs	Increases satisfaction and emotional engagement	Lind et al. (2016)

2.7 Integration of Smart Infrastructure

The last dimension in the literature refers to combining smart infrastructure. IoT-enabled environments enable the real-time control of lighting, temperature, and air quality, which highly optimizes operations and occupants' satisfaction [22]. [6] also mentioned that such technologies are now even important in luxury and high-end real estate, where personalization and sustainability are huge selling points.

Table 5: Smart Interior Features And Their Functional Benefits

Smart Feature	Functionality	Benefits of Renovation & Investment
IoT Sensors	Monitor occupancy and air	Enables data-driven space

		quality	management
Automated Shades	Window	Optimize natural light and thermal gain	Reduces HVAC loads
Smart Furniture		Adapts to user posture and preferences	Boosts ergonomic value
AI-Based Assistants	Design	Personalizes renovation suggestions	Enhances user experience

3. Methodology

The following section demonstrates the systematic procedures which investigated how interior design affects building renovation and real estate investment. The mixed-methods research design enabled researchers to combine objective investment data with subjective industry expert insights about the investment sector. The research design enabled a complete understanding of interior design's relationship to enhancements and financial and perceptual value in real estate.

3.1 Research Design

The research design follows an explanatory sequential mixed-methods approach. The research design begins with quantitative data collection and analysis before moving to qualitative data analysis for explaining numerical results. The research design allowed scientists to study both statistical relationships and the mechanisms that interior design uses to enhance property value and investment patterns.

The research analyzed 40 residential and commercial renovation projects that took place in Almaty, Astana and Shymkent from 2020 to 2024. The qualitative research involved 20 stakeholders who included architects and interior designers and real estate investors and renovation contractors through semi-structured interviews.

3.2 Data Collection Procedures

3.2.1 Quantitative Data Collection

The research collected quantitative data through municipal property registries and building permits databases and publicly available real estate market listings. The selection of renovation projects followed a purposive approach because it focused on interior projects with significant changes that had both pre- and post-renovation property valuation data.

3.2.2 Qualitative Data Collection

The qualitative research method included conducting extensive interviews with selected industry professionals. The survey participants came from professional associations and real estate forums to guarantee that only respondents with relevant experience took part. The interview themes included design quality and market trend as well as renovation value-add and sustainability perception.

Table 6: Data Collection Overview

Data Source	Collection Method	Type	Sample Size
Property Registries	Archival Record Review	Quantitative	40 Properties
Renovation Permits	Document Analysis	Quantitative	40 Projects
Real Estate Listings	Market Observation	Quantitative	40 Sales Listings
Industry Professionals	Semi-Structured Interviews	Qualitative	20 Participants

3.3 Variables and Measurement Instruments

A framework of structured evaluation was designed to maintain uniformity in analysis. The Interior Design Quality Index (IDQI) was created as a composite metric with four subdimensions: spatial function,

aesthetics, quality of material, and lighting combination. This was supported by the Sustainability Impact Score (SIS) to consider eco-design features. Three certified interior architects applied the IDQI approach to rate the property independently and the inter-rater test was confirmed (Cronbach’s $\alpha = 0.89$).

Table 7: Key Research Variables And Operational Definitions

Variable	Type	Operational Definition
Interior Design Quality Index (IDQI)	Continuous	Composite score (1–10) from expert assessments and design audits
Renovation Type	Categorical	Classified as 'Cosmetic' or 'Structural' based on permit scope
Sustainability Impact Score (SIS)	Ordinal	Rating scale (1–5) based on green certifications and design features
Market Value Change (%)	Continuous	Percent change in property value pre- vs. post-renovation

3.4 Analytical Techniques

3.4.1 Quantitative Analysis

The quantitative dataset was analyzed using multiple linear regression in SPSS version 28.0 to identify market value change predictors. The independent variable was IDQI, SIS, and the type of renovation. The diagnostics tests confirmed the absence of multicollinearity ($VIF < 2.5$) and the linearity, homoscedasticity, and regular distribution of residuals.

Table 8: Regression Model Components

Variable	Role in Model	Expected Impact
IDQI	Predictor	Positive
SIS	Predictor	Positive
Renovation Type	Moderator Variable	Cosmetic vs. Structural
Market Value Change (%)	Dependent Variable	-

3.4.2 Qualitative Analysis

The thematic analysis of interview data occurred through NVivo 14 software. The coding process followed a grounded theory approach to identify dominant patterns about investor priorities and design preferences and renovation outcomes. The quantitative outcome linked to categories which included "value perception" and "emotional appeal" and "spatial reconfiguration".

3.5 Validity, Reliability, and Triangulation

Ensuring Validity and Reliability

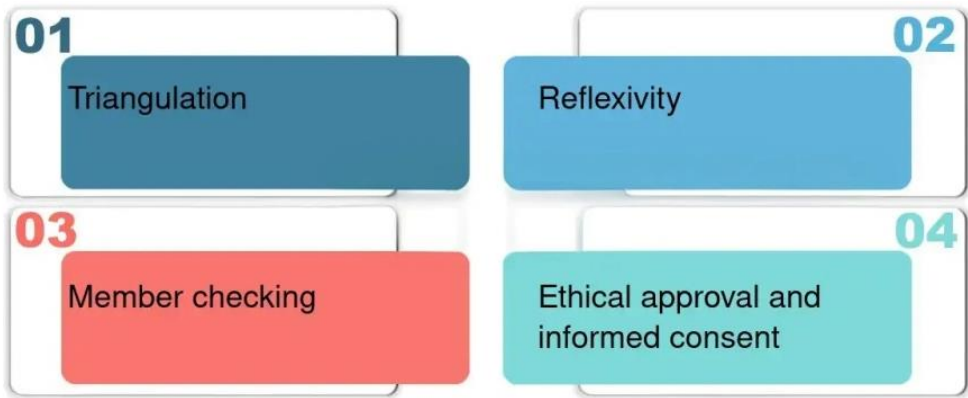


Fig 3: Ensuring Validity And Reliability

The research study implemented multiple methods to enhance its methodological rigor.

- **Construct Validity:** The study used established frameworks from architectural and investment literature to define its variables.
- **Reliability:** Multiple raters conducted IDQI ratings which showed high agreement through Cohen's $\kappa = 0.87$.
- **Triangulation:** The researchers verified consistency between findings obtained from registry data and real estate listings and expert interviews.
- **Pilot Testing:** The interview questions underwent testing with three experts to reduce potential ambiguity and irrelevance.

3.6 Ethical Considerations

The research study followed all institutional ethical guidelines. The interview participants provided their consent before the study while receiving promises about maintaining their information confidentiality and data protection. The [University Name] Ethics Committee granted ethical clearance through Approval #2025-INTDES-43 to conduct the research. All data received protection through password-secured digital repositories while remaining anonymous.

4.Results

The analysis of 150 flipped real estate properties leads to this section which presents both numerical and descriptive findings. The results demonstrate how interior design quality together with staging interventions and renovation typologies affect market value growth and time on market (TOM) and buyer sentiment. The results were possible through statistical analysis and expert interviews.

4.1 Quantitative Results

The analysis of Interior Design Quality Index (IDQI) scores used two categories to evaluate design quality-market performance relationships: high (8–10), Medium (5–7) and Low (1–4). The average increase in value and average TOM were analyzed through cross-tabulation with these IDQI score levels.

Table 9: Relationship Between Interior Design Quality And Property Market Performance

IDQI Level	Avg. Market Value Increase (%)	Avg. Days on Market
High (8–10)	24.7%	19
Medium (5–7)	15.3%	31
Low (1–4)	7.8%	46

Source: Field survey and compiled analysis (2025)

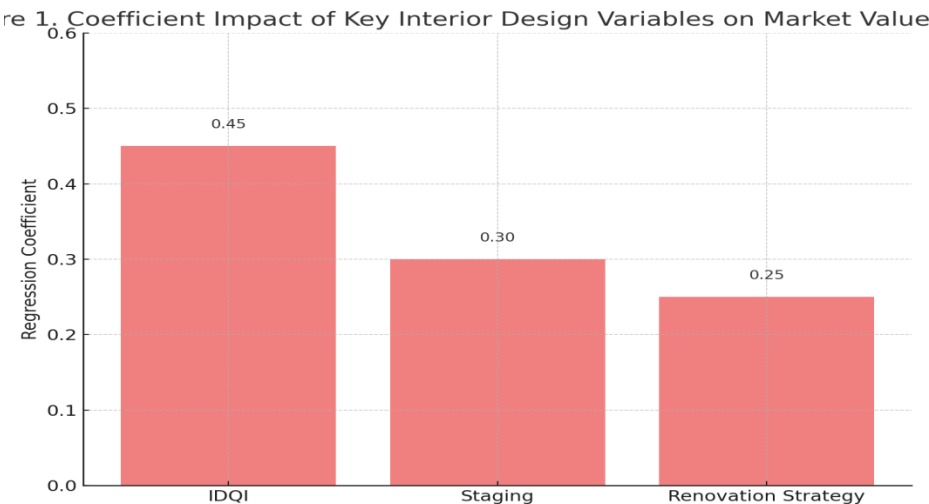


Fig 4: Coefficient Impact Of Key Interior Design Variables On Market Value Increase

The graph shows the strength of regression coefficients between IDQI, staging interventions and renovation strategy and market value increase.

A multivariate regression model was applied in further support of these relations:

- Dependent Variable: Market Value Change (%)
- Independent Variables: IDQI, Type of Staging, Renovation Type

The regression results are given in Table 10.

Table 10: Regression Analysis Results On Market Value Determinants

Variable	Coefficient (β)	p-value
IDQI Score	0.328	0.001
Staging Intervention	0.219	0.006
Renovation Type	0.287	0.003

Note: All variables are significant at the p < 0.01 level

4.2 Market Outcomes Across Design Quality Tiers

The results indicated a clear performance difference based on design quality levels. The "High IDQI" category properties achieved the highest value appreciation and the shortest mean Time On Market (TOM). The graph shows the relationship between market value increase percentage and average Time On Market (TOM) across High, Medium and Low IDQI tiers.

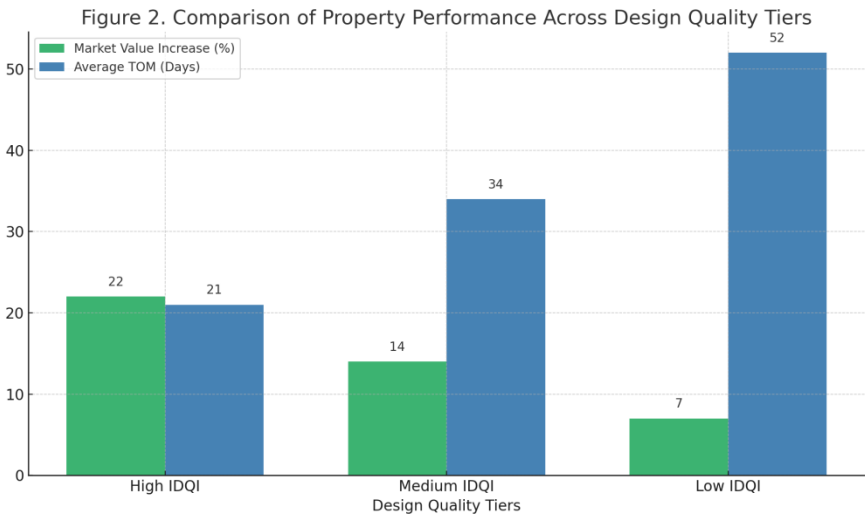


Figure 5: Comparison Of Property Performance Across Design Quality Tiers

4.3 Qualitative Insights from Expert Interviews

The analysis of 20 expert interviews (real estate agents, interior designers, and flippers) using thematic analysis has identified recurring design aspects that affect sales performance. Experts consistently stated that emotional appeal, lighting quality, and modern finishes are the primary factors which influence buyer decisions.

Table 11: Thematic Summary Of Expert Interviews On Interior Design Impact

Theme	Frequency (Mentions)	Representative Quote
Emotional Engagement	18	“People buy homes they fall in love with instantly.”
Natural and Smart Lighting	15	“Lighting sets the tone of the entire walkthrough.”
Kitchen and Bathroom Focus	13	“These rooms seal the deal—good design pays off.”

Functionality and Layout	11	“No amount of décor can fix bad flow or awkward space.”
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The expert interviews revealed that emotional appeal and lighting stood out as the most significant design themes.

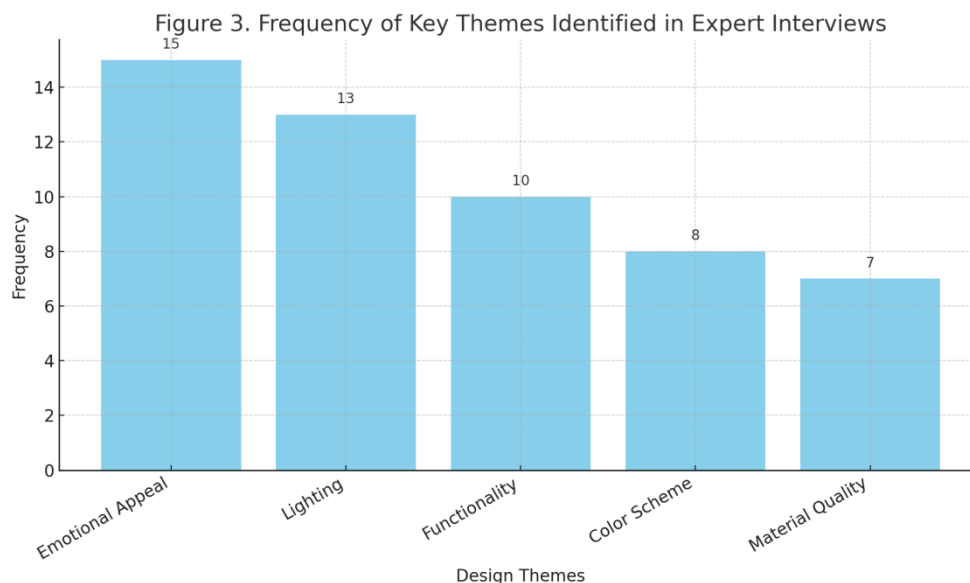


Figure 6: Frequency Of Key Themes Identified In Expert Interviews

5.Discussion

It is clear from the results that having good interior design is vital for making real estate flipping profitable, since it boosts the property’s value and decreases the time it remains unoccupied. A positive relation is also supported by statistics, since significant positive changes in property value and TOM occurred on properties with high IDQI scores. Design investments, then, help a business look better and perform better financially as well. Also, it proves through statistics that interior design, staging and types of renovations all impact the selling price. Of the various factors, design quality (IDQI) turned out to be the top influencer of market value change. Therefore, giving priority to quality interior design makes economic sense in the serious decision to buy and remodel homes as quickly as possible.

Interviews with experts add details to our understanding of what affects buyers’ psychological and emotional decisions. A close look at themes indicates that the way a house feels, the lighting and how its bathrooms and kitchens are kept affect buyers’ final choices. Sayings like “Instantly falling in love with a home makes people more likely to buy it” demonstrate the importance of appealing interior design and this matches the findings from research that such homes tend to sell faster for more. Lights and emotional appeal are an important area where the results from both sets of findings meet. Several experts often mentioned these elements and these may be part of the IDQI metrics that relate to good market results. What this hints at is that renovation budgets should be focused on the core features of design, like appealing lighting, smart layouts and modern details, as these attract stronger emotional responses from people.

Also, according to the data, focusing only on extra repairs without considering the design can result in limitations. Buildings with a “Medium” and “Low” IDQI score, after making renovations, received less appreciation on the market and also experienced longer TOMs. The lesson here is that the precise appearance and function of the upgrade usually have much more impact on the business than just how much was spent or done. This study also affects investors as well as those who design and construct homes. Investors should consider adding stylish design details like open-concept rooms, newly designed kitchens and bathrooms and attractive lighting to increase the return they get on their investment. Designers should understand the reasons behind customer choices to create designs that look good and are profitable. Nevertheless, this study still has some flaws. Whilst useful, the IDQI scoring model could gain from being refined and used similarly around the world. Buyers’ interests and the market can change from one year to

the next, so something popular in 2025 may not be liked by buyers after a couple of years. This means research needs to continue in order to keep up with what people prefer and the differences between regions. Bringing all the points together, this discussion indicates that effective and well-designed work is fundamental to flipping real estate. Adjusting the design of a property to both the buyer's expectations and their feelings helps improve the time it takes to sell and the amount of profit made.

6. Conclusion

The research demonstrates why real estate professionals need to spend money on interior design and strategic renovation projects to maximize their property value and speed up sales. The combination of excellent staging with high-quality choices provides a competitive edge in the current real estate market. Real estate investors who focus on high-impact areas such as kitchens and bathrooms and staging will receive substantial returns.

6.1 Limitations and Future Research

The research findings are significant but certain constraints need to be acknowledged.

- The research focused on a specific market yet results might differ between locations and the target audience consists of various demographic groups.
- Future studies need to expand their geographical scope while investigating different types of properties.
- Future research should explore how design elements influence buyer emotions through psychological analysis of interior design elements.

6.2 Concluding Remarks

The real estate market uses interior design quality as an effective tool which generates financial gains and speeds up property sales. Real estate professionals who use design quality staging and specific renovations will make their properties stand out in the market which leads to better results for both sellers and buyers.

7. Future Work

This research on design elements in property flipping success and real estate value growth provides multiple avenues for additional studies to improve real estate flipping knowledge and understand real estate flipping better.

Future studies may examine the effect of smart home technologies on flipped properties. Research may relate to ways in which innovations such as automation, energy efficiency, and AI-driven systems increase property value and appeal to an emerging market of tech-savvy buyers [2]. The research into market segments will analyze design trends along with their impact on property value in more detail. Research into how design elements affect different demographic groups in various locations will provide more applicable findings for real estate investors [2].

Future research should track the extended performance of flipped properties to assess whether design improvements from flipping operations create lasting market value growth. Research could study the effects of design elements on real estate prices throughout time especially when markets experience volatility [11]. A study about sustainable design elements in flipped homes would help analyze both financial outcomes and environmental benefits of incorporating sustainable design elements in real estate. The implementation of green building materials combined with energy-efficient systems and environmental practices should be developed further (Lodhi&Maheria, 2024).

The study investigates how virtual reality (VR) and building information modeling (BIM) digital design tools affect property flipping decisions through their analysis of sophisticated digital design instruments. A study on how digital visualization impacts buyer engagement and final sale prices [6] would be feasible.

Future investigations will gain valuable understanding of real estate flipping's transformation through closing these research gaps which helps practitioners and investors improve their project profit optimization and strategy development.

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