

A New Naqli Aqli Indexing Content (Naqli-IC) Psycho-spiritual Neurofeedback (NFB) Training for Recovering Addicts

¹Asma Abdul Rahman, ²Maryam Abdul Rahman, ³Mizan Adiliah Ahmad Ibrahim,

⁴Ahmad Abdul Rahman, ⁵Mohd Fadhil Md Din.

¹ Associate Prof Dr, FPBU, USIM, 71800 Bandar Baru Nilai, Nilai, Negeri Sembilan.

² Arabic Teacher Ustazah, FPI, UKM, 43600 Bangi, Selangor. Email: maryamabdulrahman@ukm.edu.my.

³ Puan Sri Datuk Prof Emeritus Dr, FPK and ACREDA, USIM, 71800 Bandar Baru Nilai, Nilai, Negeri Sembilan.

⁴ Senior Lecturer and Head of Department and Coordinator of Arabic Language Studies, PBI, Centre of the Languages Studies and Generic Development, UMK, P.O Box 01 16300 Bachok, Kelantan.

⁵ Associate Prof Ir. Dr, M38, Campus Sustainability, UTM, 81310 Skudai, Johor Bahru, Johor.

Abstract

The current nature of drug treatment and rehabilitation models lacks intervention that relates to the physiology and spirituality of the individual. Islamic reveal knowledge based on al-Quran, hadith, tafseer, zikhir, doa', Mathourat and roqiyyah, and other Islamic references are very rich resources which need to be discovered and used as guidance in solving problems from all aspects of life, including problem in drug addictions. The integration of Islamic knowledge inputs with new technology will synergize the strength of both the naqli and aqli aspects of both worlds. The aim of this study is to propose a new Islamic (naqli aqli) indexing content to be used in neuro feedback training for recovering addicts. The objectives of this study are (1) to investigate the existing model of indexing content in Islamic knowledge therapy in drug addiction. (2) to analyse existing index content of Islamic knowledge therapy for drug addiction. (3) to develop a new Naqli indexing content for psycho-spiritual neurofeedback training for recovering addicts. The textual and content analysis and textual evaluation will be used as methodology for this study. Al-quraan, hadith, tafseer, Arabic manuscripts and on line references will be used in developing the Naqli indexing content. It is expected that the finding from this study, a new naqli indexing content will be made available. This new naqli content, than will be developed into audiovisual by the other group to be used as new stimulants in the neuro feedback training system. This is very significant effort in proving scientifically, the strength of Islamic reveal knowledge in drug addiction treatment.

Research Background

Drug addiction has been recognized as a serious problem in Malaysia since the early 1970s (Nazar et.al. 2005). Drugs were considered as nation's number one enemy and battle against drug addiction was conducted seriously throughout all age levels (Ibrahim et al. 2011). According to the National Anti-drug Agencies of Malaysia a total of 12,079 people were involved with drugs within four months period - January to April 2010. Majority of the addicts were young, Malay, Male and Muslim. The Malaysian Psychiatric Association (2006) indicated that drug misuse has been known as the nation's most severe health problem, which has a negative effect on family, society and the country's social development and

it has become serious threat in Malaysia. In Malaysia, the main strategy for confronting drug addiction was an imposed rehabilitation in drug detention centre. The current drug intervention program is mainly based on social - influence model, peer pressure resistance training, physical training and some co-curricular activities, etc. Schaps et.al (1981) indicted that, these activities have no significant impact on the use of drugs or on the intentions to take drugs.

It is motioned in the Quran: O ye who believe! Intoxicants and gambling, (dedication of) stones, and (divination by) arrows, are an abomination, - of Satan's handwork: eschew such (abomination), that ye may prosper.

“Surah al-Maaidah, Verse: 90. يَا أَيُّهَا الَّذِينَ آمَنُوا إِنَّمَا الْخَمْرُ وَالْمَيْسِرُ وَالْأَنْصَابُ وَالْأَزْلَامُ رِجْسٌ مِّنْ عَمَلِ الشَّيْطَانِ فَاجْتَنِبُوهُ لَعَلَّكُمْ تُفْلِحُونَ.”

Satan's plan is (but) to excite enmity and hatred between you, with intoxicants and gambling, and hinder you from the remembrance of Allah, and from prayer: will ye not then abstain?

“Surah al-Maaidah, Verse: 91. إِنَّمَا يُرِيدُ الشَّيْطَانُ أَنْ يُوقِعَ بَيْنَكُمُ الْعَدَاوَةَ وَالْبَغْضَاءَ فِي الْخَمْرِ وَالْمَيْسِرِ وَيَصُدَّكُمْ عَن ذِكْرِ اللَّهِ وَعَنِ الصَّلَاةِ فَهَلْ أَنْتُمْ مُنْتَهُونَ.”

Therefore, as Muslims researchers, we have an obligation (fardu kifayah) too thoroughly explore the Islamic body of knowledge for methods, guidance, or instructions that will assist in the management of drug addiction. Although many drug treatment and rehabilitation efforts have claimed to be using an Islamic approach, none have been scientifically proven to be effective in managing relapse and changing behavior.

There are several studies using neurofeedback (NFB) therapy for the treatment of ADHD, Autism, and in drug addiction. However, none of the existing studies have explored the use of Islamic content as stimuli in NFB treatments for drug addiction and management and other disorders mentioned above.

We believe that since NFB therapy is based on appropriate audio-visual stimuli, this is in line with the practice of reading, listening and understanding of the Quran, which we believe would lead to positive therapeutic outcomes. Therefore, there is a need for Islamic scholars to conduct research, explore the Islamic body of knowledge and form a therapeutic index for use as content and stimuli in NFB training and therapy for the treatment of drug addiction and management among recovering addicts.

Objectives of the research

- 1- To investigate the existing model of indexing content in Islamic knowledge therapy in drug addiction.
- 2- To analyze existing index content of Islamic knowledge therapy for drug addiction.
- 3- To develop a new naqli aqli indexing content for psycho-spiritual

Neurofeedback training for recovering addicts.

Research questions

- 1- What is the existing model of indexing content in Islamic knowledge therapy in drug addiction?
- 2- How is the existing index content of Islamic knowledge therapy applied for drug addicts?
- 3- How naqli Aqli indexing content for psycho-spiritual Neurofeedback training is used to train recovering addicts?

Statement of problem

(1) Allah Almighty has blessed mankind with the Quran through the prophet Muhammad (peace be upon him) as a miracle and as a source of knowledge and guidance for mankind and as a way of life. Allah has also created the miracle of Quran to be multifaceted: in psycho psycho-spiritual neurofeedback training for recovering addicts and spirituality of the individual for sustainable and happiness of ummah style and eloquence, a miracle of sound and voice, a repository of knowledge, and to be part of daily life and communication.

(2) Thus various problems in the country affect the Muslims populace and should be viewed from an Islamic perspective. In Malaysia, emphasis in Islam tends to focus on Shariah (Islamic law and jurisprudence) and the hereafter. It is rare that we see efforts are made to associate Islam with managing daily life and problems of the community (ummah).

Main Results

i. This study developed a new descriptive, analyzes a new naqli aqli indexing content for knowledge psycho-spiritual neurofeedback training for recovering addicts and spirituality of the individual for sustainable and the happiness of ummah and Forming a new systematic descriptive sourced Quran and al-Sunnah tafseer, zikhir, doa', Mathourat Islamic roqiyah, and other Arabic manuscript, various sources which will

bring substantial benefits to government of Malaysia, nationally and internationally.

ii. Al- Qur'an and Sunnah tafseer, zikhir,doa',Mathourat and islamic roqiyyah, and pray and submit to Allah Almighty for all of the most important for a new method of psycho-spiritual neurofeedback training for recovering addicts and spirituality of the individual education by using Al-Tawlidiah "ATaWM&Mgg" in teaching and learning among Muslims to use daily in their prayers and understand Quran and Sunnah deeply. The Quran, for the nation teach their children the Quran and Sunnah are healing, mercy and blessing Key.

iii. The Al-Tawlidiah "ATaWM&Mgg" whole community for learning a new NAQLI AQLI INDEXING CONTENT knowledge psycho - spiritual neurofeedback training for recovering addicts and spirituality of the individual for sustainable and the happiness of ummah.This study is also important to rise awareness and understanding community at all types of ages of the community and the quality of our generation in a day and future, a healthy genius brained Malaysia and in the whole country.

iv. Al Quran and Sunnah is the main source and healer of all diseases Shifaa as its mention by Allah and the prophet muhammad Sallallahu Alaihi Wasallam.

The data was analyzed by using the Statistical Package for Social Science (SPSS) version 17.

The statistical procedure used in this study was the tabulation for descriptive analysis data for method of Al-Tawlidiah "ATaWM&Mgg" for the psycho-

spiritual neurofeedback training for recovering addicts and spirituality of the individual for sustainable and the happiness of ummah Arabic Listening Skills, Arabic Speaking Skills, Arabic Reading Skills, Arabic Writing Skills and summary of mean score.

This questionnaire was developed based on theoretical Foundation of Cooperative Learning or Al-Tawlidiah method "ATaWM&Mgg" in psycho-spiritual neurofeedback training for recovering addicts and spirituality of the individual for sustainable and the happiness of ummah. The Learning of psycho-spiritual neurofeedback training for recovering addicts and spirituality of the individual Scales for Malaysian Universities was used for the first time in this study. In order to evaluate and examine the reliability of Learning Scales for Malaysian National Universities, researcher used the Alpha Cronbach method.

The result shows that Learning Scales for Malaysian Universities has good value of reliability which the value of Cronbach's Alpha is high, .99. Meanwhile the reliability value for the five subscales of Learning Scales for Malaysian Universities are as showed in the table below:

Subscale	Number of Item	Cronbach's Alpha
section a : scales for psycho-spiritual neurofeedback training for recovering addicts and spirituality of the individual and arabic learning psycho linguistic semantique and spirituality	86	.97

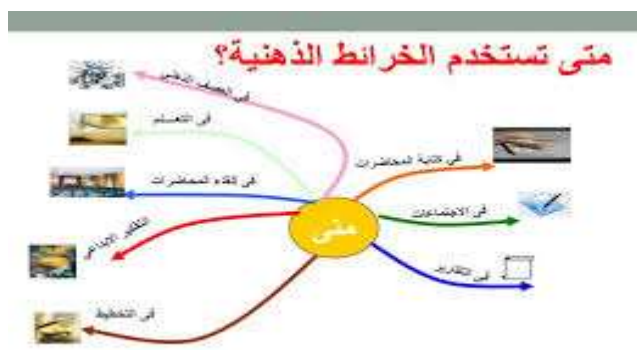
methods by using The Al-Tawlidiah “ATaWM&Mgg” (alm)

section b: scales for psycho-spiritual neurofeedback training for recovering addicts and spirituality of the individual and arabic psycho linguistic semantique and spirituality “listening” skills(als) 31 .97

section c: scales for psycho-spiritual neurofeedback training for recovering addicts and spirituality of the individual and arabic psycho linguistic semantique and spirituality “speaking” skills (ass) 20 .96

section d: scales for psycho-spiritual neurofeedback training for recovering addicts and spirituality of the individual and arabic psycho linguistic semantique and spirituality “reading” skills (ars) 85 .99

section e : scales for psycho-spiritual neurofeedback training for recovering addicts and spirituality of the individual and arabic psycho linguistic semantique and spirituality “writing” skills (aws) 97 .99



addicts and spirituality of the individual and psycho linguistic semantique and spirituality of the individual for sustainable and the happiness of ummah beyond any doubt that there are many changes taking place on the brain because of the practice of meditation every day for a quarter of an hour, for example .. imagine me change the size and activity enjoyed by the brain of a true Muslim who spends most of his time reverence to Allah.

Therefore, the Quran ordered as a wise book and saw a path to success and response supplication. This is a decent verse confirms that reverence is the most important reason to pray for a response, Allah says: (إِنَّهُمْ كَانُوا يُسَارِعُونَ فِي الْخَيْرَاتِ وَيَدْعُونَنَا رَغَبًا وَرَهَبًا وَكَانُوا لَنَا خَاشِعِينَ) [الأنبياء: 90]. And reverence gives you happiness, strength and tranquility in life. Allah says: (وَاسْتَعِينُوا بِالصَّبْرِ وَالصَّلَاةِ وَإِنَّهَا لَكَبِيرَةٌ إِلَّا) [البقرة: 45].

If you want to succeed in this world and the Hereafter, you should exercise humility, especially during prayer. Allah says: (قَدْ أَفْلَحَ) [المؤمنون: 1-2].

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